



英語

Protecting you and your family from Earthquakes

## Life Passport

Shizuoka Prefecture

### First 3 Seconds

#### Earthquake!

- Stay calm
- Protect yourself
- Extinguish open flames
- Open your door

### 2<sup>nd</sup> minute The Shaking Has Subsided

Evacuate at once from areas susceptible to landslides and tidal waves!

- Make sure that no fires have started
- Make sure your family is all right
- Put on your shoes
- Take out your emergency kit

### 3<sup>rd</sup> minute

- Is everyone safe?
- Is there fire nearby?

Shout 'KAJI' if there is fire!

Use a fire extinguisher!

Help neighbors in putting out fires!

- Be careful of aftershocks!

### 5-10 minutes

- Turn on your radio Don't be misled by false rumors
- Confirm local information reports
- Use your phone as little as possible

Give priority to urgent calls!

In the Event of an Evacuation:

- Shut off your gas line! Shut off your circuit breaker
- Do NOT evacuate by car!
- Be careful near cement block walls, glass and rubble
- Be careful of collapsing walls, falling vending machines and signs, and glass
- Leave a note of where you're going in the entrance
- Get your children from school

### 10 minutes-First Hours

- Help put out fires
- Assist in relief efforts

Report fires and emergencies to your local Department

Please do basic first aid by yourself if possible

### Up to the 3<sup>rd</sup> Day

- Stock necessary items

Water, Food, Radio, Flashlight, Household Medicine

- Pay attention to local announcements
- Do not enter collapsing houses
- Stay safe and don't take any chances
- Patience and mutual cooperation are a must

### In the Event of an Evacuation Three Points

- Follow the instructions of local authorities
- Abide by the rules
- Cooperate and be considerate of those with injuries and disabilities

## Information Related to the Tokai Earthquake

### Level 1: Tokai Earthquake Observational Information

Announced 1) when the observed data appears abnormal but it cannot be determined whether or not the data is an earthquake precursor or 2) when the observed data is determined not to be related to an earthquake precursor.

#### ● What can you do at home?

Pay attention to local TV and radio reports. Go about your daily life as usual.

Increased  
Danger

### Level 2: Tokai Earthquake Warning Information

Announced when there is a high possibility that the observed data is an earthquake precursor.

#### ● What can you do at home?

Pay attention to local TV and radio reports. Double check the inside of your house and the contents of your earthquake kit as a precaution.

Increased  
Danger

### Level 3: Tokai Earthquake Prediction Information

Warning  
Declaration

Announced when it is feared that the Tokai Earthquake will occur.

#### ● What can you do at home?

Pay attention to local TV and radio reports. Stay prepared for the start of the earthquake. If you live within a predicted tsunami or landslide area, immediately evacuate to your designated evacuation site.

### Is it necessary to evacuate from your home?

#### Type of Danger (Circle one)

- 1) Predicted Tsunami Danger Area
- 2) Predicted Landslide Danger Area
- 3) Both a Tsunami and a Landslide Danger Area
- 4) None of the above (Evacuation is not necessary)

#### Evacuation Site

Site Name

Site Location

Site Telephone Number

If you do not know this information, please contact the Disaster Prevention Section of your city or town office.

### Your Family Plan in Case of an Earthquake or Warning Declaration

Name	Place most likely to be during the day
Emergency Family Meeting Place	Local Evacuation Site

### Family Contact Information

Name	Contact Information

### Contacting Friends and Family with NTT's Disaster Emergency Denson Dial

# 171

For Recording Messages (Priority for those in the disaster area)

Dial **171**

Press **1**

Enter an NTT phone number (plus area code) for a home within the disaster area:

(0xx) xxx-xxxx

For Playback of Messages

Dial **171**

Press **2**

Enter an NTT phone number (plus area code) for a home within the disaster area:

(0xx) xxx-xxxx

### Protecting your life is your responsibility. Protecting your community is everyone's responsibility.

Name	
Address	
Birthdate	
Workplace Contact	
Your Volunteer Disaster Prevention Organization	