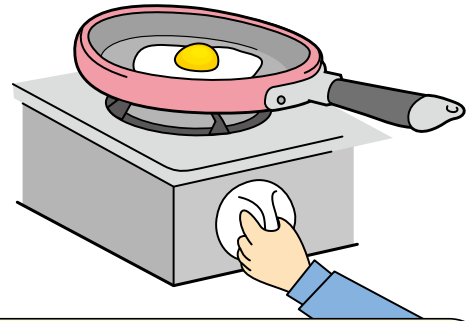


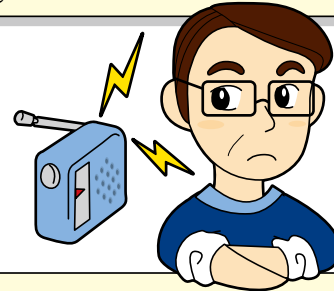
# 6

## What If an Earthquake Occurs Suddenly?

- Severe tremors will continue for about 1 minute. Don't panic and rush outside. Stay calm.
- After the initial earthquake has stopped, ensuring your own safety is the first priority!
- Aftershocks will continue to occur after the initial earthquake.
- Treat any minor injuries yourself.



- Don't place objects near open flames.
- If a fire breaks out, calmly try to put out the fire. Confirm that other fire sources are contained.
- What if a fire starts in your neighborhood? Call your neighbors and get their help to fight any fires!

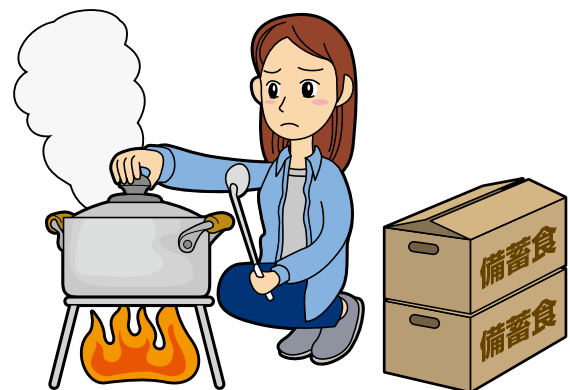


- If you leave your house, put up a sign or leave a written message so that people can know your family's safety and whereabouts.
- Don't forget to lock your doors.



- Be wary of rumors. Try to get up-to-date, correct information.
- Limit phone use as much as possible. For information on other people's safety, use the 171 Emergency Message Service.

- The evacuation area is a communal living area. Obey the rules, and cooperate by helping out.
- Provide assistance to people with physical disabilities or injuries.



- Relief supplies will not be expected to arrive for several days after the earthquake. You will have to rely on your emergency food and stockpiled items during this time.