

Contents

1. What is the Tokai Earthquake?	1
1) The Tokai Earthquake Theory	
2) Reoccurring Big Earthquakes	
3) Levels of Seismic Intensity	3
2. Predicted Damage of the Tokai Earthquake	4
1) Disruption of Essential Services and Recovery	
2) Tsunamis Time for the First Tsunami Wave to Reach Land and the Maximum Wave Height	
3. Tokai Earthquake Prediction Information and the Warning Declaration	6
1) Earthquake Prediction	
2) Presentation of Information Related to Earthquake Prediction	7
3) Announcement of a Warning Declaration (Keikai Sengen)	
4. What If Warning Information is Issued? What If a Warning Declaration is Issued?	8
1) How Various Businesses and Public Services Will Be Affected	
2) What Do We Do When a Warning is Issued?	
5. Earthquake Early Warning	10
1) What is an Earthquake Early Warning?	
2) What If an Earthquake Early Warning is Announced?	11
6. What If an Earthquake Occurs Suddenly?	12
7. Emergency Supplies and Items to Stockpile	13
1) Emergency Supply Checklist (Example)	
2) Stockpile Item Checklist (Example)	
3) Other Useful Items	14
8. Things to Do in the Event of an Earthquake / Making an Evacuation Map	14
9. Keeping Furniture from Falling	15
10. Fire Prevention Measures	15
11. Participate in Local Fire Prevention Activities	16
12. Community-Based Disaster Prevention Organizations	16
13. Evacuation Grounds and Tsunami Evacuation Buildings	17
14. First-aid Station	20
15. Life Passport	21