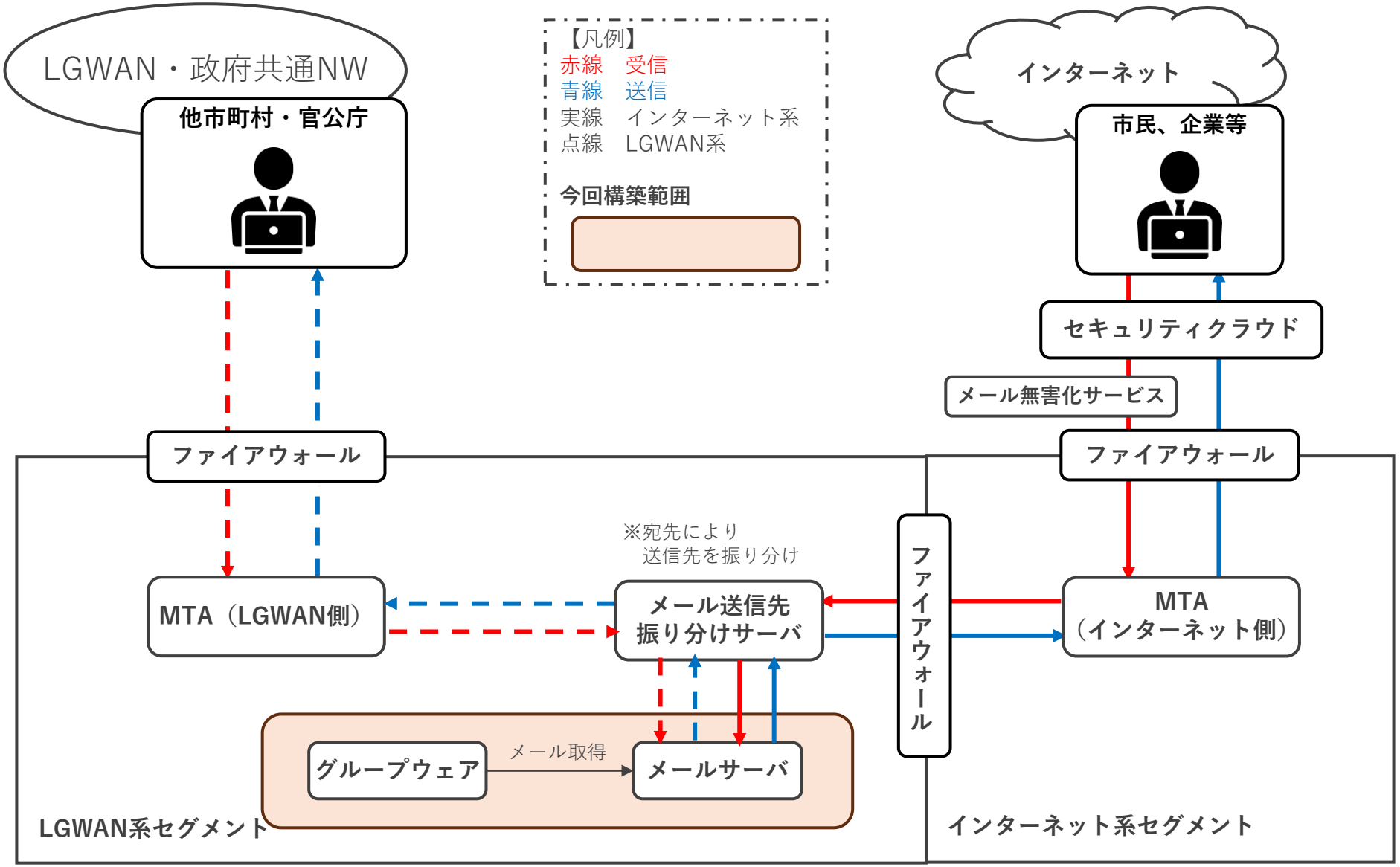別紙３ メールの送受信経路