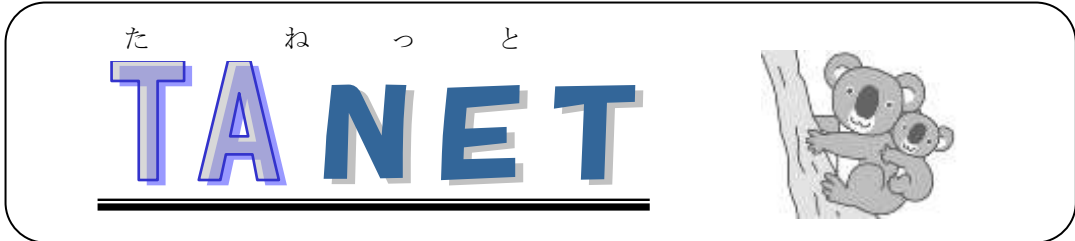


It's all about Parenting (Kosodate joho dayori)



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Basic Life-style is important for self-reliance!!

Acquiring basic lifestyle is important in protecting the mental state and physical health of children. So, what about in your own home?

About Greetings

- Greeting the people around you
- 「Good morning」 「Let's eat」
- 「Thank You」 「Sorry」
- 「Goodbye」 「Good night」
- etc . . .



About Dining

- Eating Breakfast
- Trying to eat with the entire family



About Grooming

- Brushing teeth • Proper handwashing
- Proper putting on and taking off of clothes by themselves
- Keeping cleanliness in mind such as bathing



About Time

- Sleep early, wake up early
- Set aside time for recreation (Game, TV, etc.)
- Schedule time for studying
- Abide by the curfew hours



Organizing

- Giving importance to possessions
- Cleaning up what you have used
- Cleaning up the room



Acquiring basic life-style is important in developing a sense of independent thinking. Parents should encourage and praise their children if they do things that are praise-worthy so they can develop self-confidence. Doing so will encourage the child to develop a sense of independence.

Have you had fun on your parent-child bonding time?

Parent-child communication includes use of words for proper communication and physical contact during recreation. Having proper parent-child communication is good for your child's health and wellbeing.

~Words Used in Relationships~

Greetings

- Good Morning, Good Night
- Thank You
- Sorry
- Let's eat
- Goodbye etc.



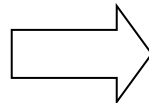
Speaking

- I did ○○
- I had fun doing △△
- I didn't like ××
- Praised by the teacher
- Had a fight with a friend etc.

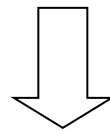


~Physical Contact~

- Having fun playing sports
- Going out with family
- Joining community activities
- Cooking
- Cleaning up
- Listening to music
- Reading picture books etc.



**Relationship of Trust
Between Parents and
Children**



Building a relationship of trust between parents and children . . .

There is a 2 : 8 rule that states that even if a child did wonderful things 80% of the time, parents can overlook those and focus on the 20% that the child did wrong and they tend to scold the child for their mistakes. There are a lot of good things about children. Praise them as much as possible so they can flourish as they grow up.

The Yaizu Family Education Support Team (Yaizu Katei Kyoiku Shien Chimu) publishes a child-rearing information paper, "TA NET" and holds a "Oshaberi salon" as a place for mothers to communicate.

We will teach about the joys of child-rearing, the importance of home education, and information regarding child-rearing.

Please take advantage of this program.

